# COLORADO CHAPTER NATIONAL HEMOPHILIA FOUNDATION



# OCTOBER 2021 PROGRAMS UPDATE

VIEW WEBSITE

#### MEN'S CONNECTION GROUP Sunday, October 24th 1:00 PM - 3:00 PM Top Golf Thornton

Inviting all men in the bleeding disorder community for Colorado's first ever Men's Group Event! Be apart of this newly founded group whose mission is to empower adult men diagnosed, living and or caring for someone with bleeding disorders by **creating a network of men** who educate, support, and challenge each other as they strive to live healthier lives. Enjoy light snacks, conversations, and building relationships that will last a lifetime.

Register today, spots are limited!

RSVP Today!



#### 2021 ANNUAL STAKEHOLDER MEETING SAVE THE DATE TO JOIN US TUESDAY, NOVEMBER 9TH



Join us virtually on Tuesday, November 9th as we invite all stakeholders within the bleeding disorder community to share your struggles with insurance, medication or anything else. During this meeting we will take a deep dive into important topics and sessions at the 2021 Annual Stakeholder Meeting. Expert organizations will join us to share information for discussions on state and federal policy issues and trends that currently are, or may in the future, impact the bleeding disorders community. We will reflect on current healthcare concerns, consider long-term priorities, and develop strategies with action plans that ensure continued access to quality, patient-centered treatment care remains available for our rare patient population. A look at the current health disparities and inequality in the bleeding disorders community will also be explored. We would be honored if you would join us!

Be apart of the conversation by clicking the button below!



Hemophilia and Thrombosis Center UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

# **BEHIND THE SCENES WITH THE HTC**

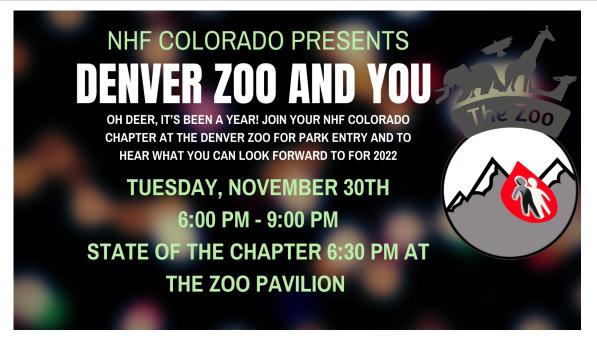
Tips and tricks of what goes on behind the scenes with your personalized care plan Wednesday, November 17th 6:00 PM

Are you familiar with how your personalized treatment plan is developed? From your joint activity to your surgery preparedness plan – the patient is always at the center! Join us for BEHIND THE SCENES WITH THE HTC as you are introduced to the new staff on the team and hear from various HTC team members on how they plan to best support you as the patient.

When entering the Hemophilia Thrombosis Center it may not come to mind all of the "behind the scenes" staff working on your behalf. Sure, the obvious examples come to mind like doctors and nurses, but are you familiar with all the various healthcare professionals that are ready to help out in many specialized ways?

Join us Wednesday, November 17th for the insider scoop! Hear from vital departments such as Physical Therapy, Nursing, Genetics, Pharmacy, and the Psycho/Social Team. Attendees will receive a special surprise!

Register Today!



You are invited to bypass the excruciatingly long line and parking headache and join NHF Colorado for a semiprivate viewing of the Denver Zoo Lights! In lieu of the overnight Education Empowerment Days, NHF Colorado is excited to offer this fun opportunity to connect with your fellow community. Join us for an opportunity to listen and provide feedback to future chapter plans, and enjoy the fun scenery of the Denver Zoo Lights. This event is absolutely **FREE OF CHARGE** to all community members, and will take place exclusively outdoors and with social distance and protocols in place to maximize safety. Event doors will open at 6:00 PM and snacks, drinks, and an update from your chapter will begin at 6:30 PM at the Zoo Pavilion. Deadline to register is Friday, November 19th so act fast and REGISTER TODAY!



#### FALLING FOR DONUTS FALL EXPERIENCE BOX FOR ALL

Are you looking for a fun new way to connect with your family or to create some holiday treats? The Falling for Donuts experience box is just what you need! During the season of giving we are reminded how thankful we are to have such a strong and giving community. This experience will encourage members with a friend, as a family, or by themselves to get festive and to give back to your own community with the fun items included! Test out your creative skills by participating in the Pumpkin Painting Contest! Or make your own yummy creations - to share or not - and make your very own donuts! All necessary materials are included and then some!

Want to be sure to receive your box? Email info@cohemo.org to let us know how excited you are!

# **NEW COVID-19 GUIDELINES**

Starting **October 1, 2021**, NHF and national chapter face to face meetings and events (indoors and outdoors) will require that all attendees, including NHF staff and sponsors aged 12 and older, show proof of being fully vaccinated or a negative COVID-19 test within 72 hours of attending the event. Additionally, for indoor events, all attendees must wear masks regardless of vaccination status. NHF strongly recommends that all attendees wear masks at outdoor events as well, but hosts should follow the strictest guidelines – either CDC, local, regional or state guidelines.

# Parenting Program Registration is Open!









REGISTER NOW! Go to https://bit.ly/3A3TfT3

Or, scan



#### Do you have a child or teen with a coagulation disorder?

#### Are you looking for parenting tools on

#### how to parent a child with a medical condition?

Empact Parenting Basics is a program uniquely designed for parents with serious medical conditions or special needs.

The program -

- Teaches parenting attitudes, knowledge, beliefs, and behaviors
- Delivers tools to help with planning for the future
- Encourages parent personal awareness
- Improves family health, viability, engagement, and interaction
- Connects parents with other parents and reduces the feeling of isolation

This Empact program will include -

- Online videos and educational content; about 30 minutes each week
- Five scheduled 1-hour facilitated Zoom discussions
- Electronic Parent Workbook and Materials

Weekly parent-to-parent zoom sessions will start on October 20 at 6:30P Mountain Time.

#### Requirements

- Parent of child or teen with a bleeding disorder
- Access to the internet and a computer or tablet with camera

### **UPCOMING EVENTS**

October 24th: Men's Connection Group November 9th: Advocacy Stakeholder Meeting Novembe r17th: Behind the Scenes with the HTC November 30th: Denver Zoo Light Community Event



# CONNECTING YOU TO WHAT'S POSSIBLE

Visit the bleeding disorders community's go-to resource to find answers and support and to learn more about our vision for a bleed-free world.





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# AFFORD YOUR HEMOPHILIA A MEDICINE.

#### **Our Contact Information**

\*{{Organization Name}}\*

- \*{{Organization Address}}\*
- \*{{Organization Phone}}\*
- \*{{Organization Website}}\*

\*{{Unsubscribe}}\*

