COLORADO CHAPTER NATIONAL HEMOPHILIA FOUNDATION



SEPTEMBER 2021 PROGRAMS UPDATE

VIEW WEBSITE



A few short weeks ago, the bleeding disorder community showed up to support one another. Because of you, over \$67,000 was raised to help better the lives of those in the community. For that, all we can say is thank you!

The Unite for Bleeding Disorders Walk is a movement that sweeps the nation each year - over 40 different local bleeding disorders organizations participate to raise funds and awareness for the community. Every year we are so proud of the difference that we can make because of the community's dedication to bettering life with a bleeding disorder.

THANK YOU















EDUCATION EMPOWERMENT DAYS OVERNIGHT HOTEL CONFERENCE POSTPONED TO SPRING 2022

We regret to inform you that the overnight hotel stay for Education Empowerment Days will be postponed until Spring 2022. We are looking forward to returning to our traditional spring schedule which we expect will coincide with improved trends in public health. In lieu we will be providing a series of experiences throughout the span of the next few months, both virtually and in person.

Though we will not be gathering together as a full community in early October, we will have the opportunity to connect together in small groups. There will be a series of Education Dinners throughout the state focusing on various topics that may be of interest to you! Keep an eye out for the next Newsletter with the dates.

NEW COVID-19 GUIDELINES

Starting **October 1, 2021**, NHF and national chapter face to face meetings and events (indoors and outdoors) will require that all attendees, including NHF staff and sponsors aged 12 and older, show proof of being fully vaccinated or a negative COVID-19 test within 72 hours of attending the event. Additionally, for indoor events, all attendees must wear masks regardless of vaccination status. NHF strongly recommends that all attendees wear masks at outdoor events as well, but hosts should follow the strictest guidelines – either CDC, local, regional or state guidelines.



Join us for a night at the Denver Zoo Lights on Tuesday, November 30th. This event is absolutely **FREE OF CHARGE** to all community members, and will take place exclusively outdoors and with social distance and mask protocols in place to maximize safety.

More details and official registration coming in early October.



FALLING FOR DONUTS FALL EXPERIENCE BOX FOR ALL

Though we are not meeting in person we are excited for the opportunity to continue to connect and engage with the community. This year we will be providing community members with a "Falling for Donuts" experience box. During the season of giving we are reminded how thankful we are to have such a strong and giving community. This experience will encourage members with a friend, as a family, or by themselves to get festive and to give back to your own community with the fun items included! Test out your creative skills by participating in the Pumpkin Painting Contest! Or make your own yummy creations - to share or not - and make your very own donuts! All necessary materials are included and then some!

Want to be sure to receive your box? Email info@cohemo.org to let us know how excited you are!

BACKPACKS+BLEEDERS

EVERGREEN LAKE FAMILY FRIENDLY HIKE

Join us September 25th at Evergreen Lake for an adventure together outdoors!

Backpacks + Bleeders are excited to get back together to trail-blaze this family friendly hike! Join us for this easy 1.4 loop hike around Evergreen Lake. Bring your family, friends or self for this leisure opportunity to connect with your fellow peers. Enjoy beautiful wildlife along the way with your bleeding disorder community! Dogs are welcome and parking is free!



EVERGREEN LAKE HIKE RSVP





MEN'S CONNECTION GROUP Sunday, October 24th 1:00 PM - 3:00 PM Top Golf Thornton

Are you a male in the bleeding disorder community looking for further connection and engagement with fellow men? This is a newly founded group whose mission is to empower adult men diagnosed, living and or caring for someone with bleeding disorders by **creating a network of men** who educate, support, and challenge each other as they strive to live healthier lives. Join us for Colorado's first-ever Men's Group Event!

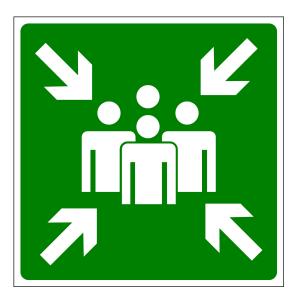
RSVP Today!

2021 ANNUAL STAKEHOLDER MEETING SAVE THE DATE TO JOIN US TUESDAY, NOVEMBER 9TH



Stakeholders within the bleeding disorder community are invited to join us as we dive into important topics and sessions at the 2021 Annual Stakeholder Meeting. We will share information for discussions on state and federal policy issues and trends that currently are, or may in the future, impact the bleeding disorders community. We will reflect on current healthcare concerns, consider long-term priorities, and develop strategies with action plans that ensure continued access to quality, patient-centered treatment care remains available for our rare patient population. A look at the current health disparities and inequality in the bleeding disorders community will also be explored. We would be honored if you would join us!

Interested in joining? Click the button below to ensure you receive an invitation!



ADD ME TO THE LIST!

WOMEN'S WELLNESS RETREAT - FUN FOR ALL!

We had a blast connecting with the women across the state of Colorado at the Glenwood Hot Springs Lodge in early September. Throughout our time together we were able to dive into asked for topics like health and fitness, planning for emergencies, and resiliency. The women had the opportunity to get their hands dirty by participating in a Dirty Pour Acrylic Paint activity - making fantastic pieces of works along the way. A few ladies woke up early to enjoy yoga on the lawn while admiring the mountain view.

The Women's Wellness Retreat provides an opportunity for the women in the bleeding disorder community come together to connect, learn, and laugh with one another. We are so appreciative to all of the ladies we were able to join us for the 2021 retreat! We are looking forward to the next time we are able to meet again.







UPCOMING EVENTS

September 25th: Backpacks+Bleeders Evergreen Hike October 24th: Men's Connection Group November 9th: Advocacy Stakeholder Meeting November 30th: Denver Zoo Light Community Event There are ways to help you

AFFORD YOUR HEMOPHILIA A MEDICINE.

LEARN >

Dedication and Personal Support



Your Pfizer Patient Affairs Liaison is a professional dedicated to serving you and the hemophilia community by connecting patients and caregivers with Pfizer Hemophilia tools and resources. These Pfizer colleagues are committed to continuing Pfizer's more-than-20-year history of listening to the hemophilia community and working to meet its needs.



Patty Eastin

AZ, NM, NV, UT, CO, ID, WY, MT patricia.d.eastin@pfizer.com **0:** 480-734-4011 "Having worked at Pfizer for 17 years, I am passionate about supporting and educating the amazing rare disease community."

My work is guided by:

Compassion—Listening to your needs and addressing questions and concerns that you may have

Commitment—Educating you about Pfizer's tools and resources, including the Pfizer Community Connections Program, the HemMobile® app for logging bleeds and infusions, B2B materials, and more

Connection—Connecting you with hemophilia advocacy groups and programs like Leading Edge, the National Hemophilia Foundation, The Coalition for Hemophilia B, and others

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To me, it's personal.

As a Community Relations and Education Manager for Sanofi Genzyme, I'm here to help provide education and resources for you and the Colorado community.

Danielle Kempker CoRe Manager for Colorado

Let's connect.

Call, text, video chat: 816-946-1870 Email: Danielle.Kempker@sanofi.com Facebook: @HemophiliaCoRes



www.rareblooddisorders.com



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